## **ACE Initiative**

WINTER 2020-21

EduCare Foundation's mission is "to inspire and empower young people to become responsible citizens, compassionate leaders and to live their dreams." Through Social Emotional Learning (SEL) we empower youth to be healthy, whole, successful and contributing citizens, and adults to be inspiring and supportive role models. Environments of caring and self-discovery help youth realize their full potential.

Since 1990, we have served over 230,000 students and 36,000 teachers & parents across 425 schools.

## **ACE INITIATIVE**

EduCare's nationally recognized flagship youth development program, the ACE Program (introduced as a pilot program in 1987)empowers disadvantaged, highly resilient students to achieve excellence in personal, social, and academic pursuits. ACE effectively addresses barriers to learning by teaching students attitudes and behaviors that support success.

In response to requests to deepen and sustain the impact of ACE, EduCare began the ACE Initiative (AI) in 2017. All weaves Heartset® Education into the fabric and culture of a school, providing on-site staff and an integrated, year-long foundation of ACE workshops, events, and support activities for students, educators, and parents.

Cost-efficient and results driven, AI is designed to be replicated and enhanced by schools, school districts, and youth organizations committed to building compassionate learning communities.

## **Format**

- Highly interactive, 1-1¼ hour live workshops via Zoom, for approximately 75 students per workshop group.
- Within each workshop, the larger group is divided into "resource groups" (7-10 students plus one adult teacher
  or staff member) for structured social-emotional learning, team building and experiential activities. There are
  also whole group activities with experienced student mentors serving as group leaders.
- Includes a 1½ hour Growth Heartset® Professional Development as an orientation for teachers and staff actively participating in the student workshops.
- Workshops are delivered in 5, 8, or 10 sessions per group, and are done over consecutive days, weeks, or the course of a school year. Follow-up curriculum is provided.

## For more information:

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