



EduCare's ACE Program

ACHIEVEMENT AND COMMITMENT TO EXCELLENCE



EduCare Foundation's mission is "to inspire and empower young people to become responsible citizens, compassionate leaders and to live their dreams." Through Social Emotional Learning (SEL) we empower youth to be healthy, whole, successful and contributing citizens, and adults to be inspiring and supportive role models. Environments of caring and self-discovery help youth realize their full potential. Since 1990, we have served over 230,000 students and 36,000 teachers & parents across 425 schools.

EduCare Foundation's ACE (Achievement and Commitment to Excellence) Program is a comprehensive student success and character building program designed to empower middle and high school students to achieve excellence in personal, social and academic pursuits through Heartset® Education principles. It utilizes EduCare's years of experience and expertise in Social & Emotional Learning (SEL) to provide a foundation for safe and positive learning and growth.

ACE focuses on the following SEL elements:

- **Character Development:** Confidence building, positive decision-making and constructive choices
- **Personal Management:** Personal responsibility & accountability
- **Emotional Intelligence:** Managing anger, fear, rejection & peer pressure
- **Interpersonal Skills:** Communication, conflict resolution, problem solving and team building

The **ACE Program** is designed to assist youth in creating more successful and constructive lives. Through their involvement, students:

- Experience greater **self-worth** and **self-motivation**
- Identify and **enhance their unique talents**
- Learn to **manage emotional distress** and **improve attitudes** and behaviors
- Learn **teambuilding** and **conflict resolution** skills
- Develop greater **empathy and understanding** for others
- Develop skills for decision making and **problem-solving** as it relates both to school and personal life
- Improve school **attendance and leadership** skills

Format

- Interactive one- or three- consecutive day workshop for approximately 100 students
- Within each workshop, the larger group is divided into "resource groups" of 7-10 students and one adult, for structured teambuilding and experiential activities, as well as whole-group activities.

Teachers' & Adults' Roles and Responsibilities

- **General supervision:** Help prepare room and workshop sessions, supervise and assist with break, lunch, arrival and departure, and bus coverage (if applicable)
- **Resource Group Leaders:** Active, positive role modeling and coaching
- Active participation and involvement