



Heartset® Education

EduCare Foundation's mission is "to inspire and empower young people to become responsible citizens, compassionate leaders and to live their dreams." Through Social Emotional Learning (SEL) we empower youth to be healthy, whole, successful and contributing citizens, and adults to be inspiring and supportive role models. Environments of caring and self-discovery help youth realize their full potential.

Since 1990, more than 230,000 students and 36,000 teachers & parents across 425 schools have benefited, nationally and internationally.

Heartset® Education – A New Model Supporting a Positive Change in School Culture. Social-emotional skills trainings help provide the mindset for students to grow in resiliency and motivation that leads to success in school and life. However, we believe that to awaken young people to who they are and what their lives can become requires a new "growth heartset" to complement and enhance a positive growth mindset. Students' minds may be ready to learn, but their hearts may not.

Heartset® Education involves kindness within a learning environment where students thrive. It promotes positive connections between students, educators and families that generate nurturing environments in the classroom and at home, building communities of caring that lead to student well-being and success. Personal development that cultivates the mindset and heartset in students, educators and parents results in more than students who successfully meet goals – it creates a positive culture shift.

The opportunities to create immense positive impact through Heartset® growth programs and SEL strategies are real and momentous. More youth graduate from high school, enroll in and graduate from college, and move on to lead successful, fulfilling lives – serving and uplifting themselves, their families, communities and our world.

Heartset® Education – Student Services

Achievement and Commitment to Excellence (ACE) Student Success Programs: Comprehensive success and character building programs, empowering teens to achieve excellence in personal, social and academic pursuits. Evaluations show ACE has improved academic outcomes, school attendance, and social and emotional skills.

Afterschool (Expanded Learning) Programs: Daily academic support and educational enrichment opportunities within our framework of youth empowerment. Students participating in Afterschool Programs throughout four years of high school graduated at a rate of 87.8% versus the 65.1% graduation rate of non-participants.

Specialized Student Support Services and Career Pathways:

- **Linked Learning:** Prepares students to succeed in post-graduation career options
- **Take Action Campaign:** Students participate in service leadership training
- **Language in Action:** Opportunities for English Learners (ELs)

EduCare Institute and Heartset® Education Certification

Educator Institute helps shape environments with caring and connectivity: self-awareness, self-management, social awareness, relationship skills and responsible decision making

- **ACE Initiative: Heartset® Education Certification** for educators, teachers, and administrators
- **College-based Heartset® Education certification** (university and community colleges)
- **National Heartset® Education** qualification and accreditation program (in development)

For more information:

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